

Pseudoexfoliation Glaucoma

Pseudoexfoliation glaucoma is a relatively common form of open-angle glaucoma that can cause significantly high eye pressures. This condition is marked by a dust-like material that is observed inside the eye on the surface of the iris and lens. This material can clog the ocular drainage system, **increasing intraocular pressure (IOP)**. It can occur in one or both eyes and is most commonly seen in patients over the age of 70. Pseudoexfoliation glaucoma is found in all ethnic groups, but it is most commonly seen in people of Scandinavian ancestry.

Treatment is often required for pseudoexfoliation glaucoma, consisting of medication, laser treatment, or surgery. Pseudoexfoliation can cause increased complications with cataract surgery. With proper treatment and monitoring, patients with pseudoexfoliation glaucoma tend to do well. Early diagnosis is important.